

7-Day Kindness Challenge

for 1st–3rd Grade

Lulu Lilly Books

Seven tiny missions. Funny on purpose. No speeches.

FREE PRINTABLE

1 ☐ Tell someone one thing you like about them

2 ☐ Help clean up a mess you didn't make

3 ☐ Share something with a friend or sibling

4 ☐ Write or draw a note for someone who is sad

5 ☐ Invite someone new to play or sit with you

6 ☐ Say thank you to a grown-up who helps you

7 ☐ Notice when someone needs help — and help them



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LULU LILLY BOOKS

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